

For the "CAVALIERS" Show Choir of Crete-Monee High School, Crete, Illinois - Robert Mohr, Director

"SHOW WITHIN A SHOW"

Words and Music by JEFF BOWEN
SATB Arrangement by JEFF BOWEN

Some measures have been
omitted from the original score.

♩ = 120 Energetic Pop Feel

6

SOLOS

6

Ev-ry - one has the same op - por - tu - ni - ties.

Energistic Pop Feel

ff

f

Chords: A^b, G^b, D^b, A^b, D^b

8

f

And it's how you hold your head up, and how

Ev-ry - one can reach for _ the stars.

f

Ev-ry - one has prob - lems, in life it's just a fact.

Chords: A^b, E^b, G^b, G, A^b, D^b, A^b

13 (End SOLOS) ALL 14

you bounce back. Just lift it high - er, make your-self strong - er, make it bet-ter. Take it one day at a time. Lift it high - er, make your-self

Just lift it high - er, make your-self strong - er, make it bet-ter. Take it one day at a time. Lift it high - er, make your-self

Just lift it high - er, make your-self strong - er, make it bet-ter. Take it one day at a time. Lift it high - er, make your-self

Just lift it high - er, make your-self strong - er, make it bet-ter. Take it one day at a time. Lift it high - er, make your-self

C^b E^b/B^b A^b G^b G A^b C^b D^b A^b G^b G A^b

♩ = 188 Faster 25

19

strong - er, make it bet-ter. Take it one day at a time. High - er!

strong - er, make it bet-ter. Take it one day at a time. High - er!

strong - er, make it bet-ter. Take it one day at a time. High - er!

strong - er, make it bet-ter. Take it one day at a time. High - er!

C^b D^b A^b F E^b F Fm7 F E^b F

Faster 25

27

DUET

mf Look-ing deep in - side. What do you have to hide?

Soul search - ing. Soul sur - vi - vor.

E^b F B^b C F

mf

36 *f*

You
Some-times you feel like a feath-er in a hur-ri-cane. Some-times it feels like you're go - ing in-sane. You
Some-times you feel like a feath-er in a hur-ri-cane. Some-times it feels like you're go - ing in-sane. You

37 You

B^b *F* *B^b* *D9/CC* *Fm/C* *F#7/CB^b* *A^b*

45

wan - na slam the door! You can't take it an - y - more. Stop liv - ing a life so de - pressed.
wan - na slam the door! You can't take it an - y - more. Stop liv - ing a life so de - pressed.
wan - na slam the door! You can't take it an - y - more. Stop liv - ing a life so de - pressed.

45 *f*

f *B^b Cm/B^b B^b*

53 61 *rit.* *Slower*

Hold your head up high, Life's a lot bet-ter with a lit-tle hap - pi-ness. Life's a lot bet-ter
Hold your head up high, Life's a lot bet-ter with a lit-tle hap - pi-ness. Life's a lot bet-ter
Hold your head up high, Life's a lot bet-ter with a lit-tle hap - pi-ness. Life's a lot bet-ter

53 61 *Slower*

F9 *B^b Cm/B^b B^b* *Cm/B^b B^b* *A^b* *F* *B^b*

66 *rit.* **67** $\text{♩} = 20$ *p* **71** *p*

with a lit-tle hap-pi - ness. _____ Some things stay the same. _____
with a lit-tle hap-pi - ness. _____ Some things stay the same. _____
with a lit-tle hap-pi - ness. _____ Some things nev-er change. _____
with a lit-tle hap-pi - ness. _____ Some things nev-er change. _____

66 *rit.* *p* **71**

A^b D^b E^bm/DG^b/DD^b A^b/D^b D^b E^bm/DG^b/DD^b A^b/D^b D^b G^b/D^b D^b A^b/D^b D^b G^b/D^b D^b G^bmaj9

75 *mp* **79** *mf* **89**

All I ask is se-ren - i-ty ___ to know when to walk a-way. ___ Let me see the things ___ Just let me learn to let
All I ask is se-ren - i-ty ___ to know when to walk a-way. ___ Let me see the things ___ Just let me learn to let
All I ask is se-ren - i-ty ___ to know when to walk a-way. ___ Let me see the things ___ Just let me learn to let
All I ask is se-ren - i-ty ___ to know when to walk a-way. ___ Let me see the things ___ Just let me learn to let

75 *mp* **79** *mf* **89**

E^bm7 D^bsus/FD^b/FD^b2/F C^b G^b/B^b A^bsus A^b D^b A^b/D^b E^bm/DD^b A^b/D^b A^bsus A^b D^b/F G^b

90 *f* **97** *ff*

go. ___ Give the power to Some-one else high-er than me, For They'll know what it takes to set my spir-it free! _____
go. ___ Give the power to Some-one else high-er than me, For They'll know what it takes to set my spir-it free! _____
go. ___ Give the power to Some-one else high-er than me, For They'll know what it takes to set my spir-it free! _____
go. ___ Give the power to Some-one else high-er than me, For They'll know what it takes to set my spir-it free! _____

90 *f* *ff* **97**

G^bmaj7 G^b9 A^bm/G^b7 C^b D^b G^b G^bmaj7 G^b9 A^bm/G^b7 F^b6 F^b F^b6 E^b E^bsus E^b B^b/E^b

rit. [104] ♩ = 116

free!
 free!
 free!
 free!

E_b E_b sus E_b B_b/E_b A_b2 A_b D_#2/F G_b D_#b/F C_# C

mf *mp* *rit.*

[108] **9** **120**
mf *f*
 one step clos-er to you. Lit-tle by _ lit - tle. And step by _ step.
 one step clos-er to you. Lit-tle by _ lit - tle. Lit-tle by _ lit - tle.
 Lit-le by _ lit - tle one step clos-er to you. Lit-tle by _ lit - tle. Lit-tle by _ lit - tle.
 Lit-le by _ lit - tle one step clos-er to you. Lit-tle by _ lit - tle. And step by _ step.

F F_{major7} B_b G_{sus} C F₆ C F C F₆

mf *f*

♩ = 188 Suddenly Faster [129] Bright Gospel Feel

[123] **129**
 Take it one day at a time. Lit-tle by _ lit - tle. And step by _ step. I'm one step clos-er to you. ____
 Lit-tle by _ lit - tle. Lit-tle by _ lit - tle. I'm one step clos-er to you. ____
 Lit-tle by _ lit - tle. Lit-tle by _ lit - tle. I'm one step clos-er to you. ____
 Take it one day at a time. Lit-tle by _ lit - tle. And step by _ step. I'm one step clos-er to you. ____

C F C F₆ C F C F₆ E_b B_b/D E_b/F F/G C F A₇ B_b

ff

137

In life you come to a real- i- za - tion

In life you come to a real- i- za - tion

131 F A⁷ B^b F A⁷ B^b B^b7 F/C C F

137 A⁷ E^b/B^b B^b E^b/B^b B^b F

And it just slaps you a-cross the face. When you This is your day of a-tone - ment; mak-ing your a-mends.

And it just slaps you a-cross the face. When you This is your day of a-tone - ment; mak-ing your a-mends.

When you This is your day of a-tone - ment; mak-ing your a-mends.

When you This is your day of a-tone - ment; mak-ing your a-mends.

141 F/A C

153 B^b9 E^b/B^b B^b9 E^b/F F

Your day of a-tone - ment; when your old life ends. When you see the light, then it's time to make things right.

Your day of a-tone - ment; when your old life ends. When you see the light, then it's time to make things right.

Your day of a-tone - ment; when your old life ends. When you see the light, then it's time to make things right.

Your day of a-tone - ment; when your old life ends. When you see the light, then it's time to make things right.

156 B^b9 E^b/B^b B^b9 C

161 F A⁷ B^b G7/B^b

164

— Your day of a-tone - ment is to - day - ay! — Your day of a-tone - ment —
— Your day of a-tone - ment is to - day - ay! — Your day of a-tone - ment, of a-tone - ment —
— Your day of a-tone - ment is to - day - ay! — Your day of a-tone - ment —
— Your day of a-tone - ment is to - day - ay! — Your day of a-tone - ment, of a-tone - ment —

Fm7 Gm/C Fm/C Fm7 Gm/C Fm/C Gm/C Fm/Gm/C Fm/C

172

is to - day! To - day! To - day!
Day of a-tone - ment. Day of a-tone - ment. Day of a-tone - ment.
Day of a-tone - ment. Day of a-tone - ment. Day of a-tone - ment.
is to - day! To-day! To - day! To-day! To - day! To-day!

C(no3) F A7 Bb F A7 Bb Bbm/C F